

Bath Bombs

Included Supplies:

- 1 cup baking soda
- ½ cup citric acid
- ½ cup epsom salt
- ½ cup cornstarch
- 3 tablespoons almond oil
- Essential oil blend
- Bath bomb molds



Needed Supplies:

- Measuring cups and spoons
- Whisk and mixing spoon/spatula
- ¾ tablespoon water
- Food coloring (optional)

Instructions:

1. In a medium bowl, mix together all of the dry ingredients. Whisk to combine.
2. In a separate small bowl, mix together the 2 ½ tablespoons of the almond oil, ¾ tablespoon of water and about 10 to 12 drops of the essential oil blend.
Optional: Add as much or as little food coloring to achieve desired pigment.
3. Add the wet ingredients to the dry ones very slowly to avoid fizzing. Mix until combined and the ingredients look like wet sand.

4. Apply a bit of almond oil to the inside of the molds. This helps the bath bombs release from the mold.
5. Fill each half of the mold, packing the mixture in slightly until it's overflowing. Press the halves together firmly.
6. Let the filled mold sit for 1 minute.
7. Lightly tap the mold and gently pull it apart to remove the bath bomb.
8. Let dry for 24 hours before enjoying in the tub



Instructional video available at www.calumetcitypl.org/events.html.